

## Rapid Diagnosis Centre Referral

### What is the Rapid Diagnosis Centre (RDC)?

The Rapid Diagnosis Clinic (RDC) is a new service for patients who present to their GP with **vague** but worrying symptoms suggestive of a malignancy, **but do not meet Red Flag** criteria for any existing clinical pathway.

You can CTRL & click or copy and paste the following link to view a short (4 minute) video featuring a RDC Clinician with an explanation of the Rapid Diagnosis Clinic.

<https://vimeo.com/830480794/0d6f0bf429?share=copy>

### Who to refer to Rapid Diagnosis Centre (RDC)?

Specific inclusion criteria are outlined in Box 1: →

**Note this service is:**

- For patients that **do not** meet a current Red Flag Pathway
- **Not** a second opinion service.

### How to refer to Rapid Diagnosis Centre (RDC)?

Use the CCG system and follow these steps:

- Select the relevant specialty, Click on 'create'
- Type in Patient's HCN & select

Send to:

Northern Health and Social Care Trust ▼

Northern Health and Social Care Trust Non-GP Locations/Provider ▼

Regional Rapid Diagnostic Centre NHSCT ▼

VAGUE SYMPTOM PATHWAY ▼

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Protocol: Vague Symptom Protocol ▼

- This will bring you to the Advice tab for the RDC.
- Click on the "Vague Symptom Rapid Diagnostic Centre Pathway" link
- Click "Diagnostic Work Up" to find details of tests required and download.

**Note:** Prior to making the patient referral ensure the following investigations are completed **IN FULL** →

### Your patient must be aware:

- The reason for referral and that a possible cancer diagnosis is being investigated
- The RDC appointment will be at Whiteabbey Hospital
- That they will receive a phone call from a withheld number to book the appointment.

**For further information and advice please contact:**

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**Box 1 Inclusion Criteria**

- >18yrs of age
- Unsuitable for site specific pathway
- Set 'A' tests requested by GP
- Patient well enough, willing and able to attend RDC clinic
- Vague symptoms such as:
  - Unexplained weight loss
  - Severe unexplained fatigue
  - Persistent nausea / appetite loss
  - New atypical pain e.g. abdominal/ bone
  - Unexplained lab findings e.g. anaemia, hypercalcemia, thrombocytosis
  - GP 'gut feeling' of serious illness

**SET A Investigations:**

**Bloods:**

- FBC
- U+E, CRP, LFT, TFT, HbA1c, B12+Folate, Iron, Bone
- Coeliac screen
- Male: PSA
- Female: CA-125
- Serum Hcg in females under 55 must be conducted as per Radiology

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Dip urine and record result in referral text box

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Weight + date patient was weighed and BMI

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Physical examination including a

- breast exam for female
- PR exam for male

Record result in referral text