

## **Our Mission:**

***‘To speak with a unified voice for people who are affected by eating disorders in Northern Ireland’***

## ***Eating Disorders Forum Northern Ireland***

**Key Contacts  
and  
Summary of  
Support Services  
Available**

**Eating Disorders Forum for Northern Ireland**

Chairperson: Mrs Pamela Nugent

*C/O The Laurence Trust*

075 1037 1335

[thelaurencetrust@hotmail.co.uk](mailto:thelaurencetrust@hotmail.co.uk)



# EVERYBODY

taking action on eating disorders

*Supporting individuals and carers in Southern HSCT area*

**Deborah McCready, Project Worker**

13 Church Street, Portadown BT62 3LN

028 3839 2314 / 077 9088 5438

[dmccready@amh.org.uk](mailto:dmccready@amh.org.uk)

[www.amh.org.uk](http://www.amh.org.uk)



*Supporting individuals and carers in NI & UK*

**Nicola Armstrong, NI National Lead**

074 3554 0543 NI Helpline: 0808 801 0434

[n.armstrong@beateatingdisorders.org.uk](mailto:n.armstrong@beateatingdisorders.org.uk)

[nihelp@beateatingdisorders.org.uk](mailto:nihelp@beateatingdisorders.org.uk)

[www.beateatingdisorders.org.uk](http://www.beateatingdisorders.org.uk)



*Supporting individuals and carers in NI*

**Joanne Aiken**

**Eating Disorders Association NI**

Merrion Business Centre, 58 Howard Street,

Belfast BT1 6PJ

028 9023 5959

# fightED

Helping families fight eating disorders

*Supporting carers in NI*

**Pat McLarnon, Secretary**

**FightED**

7 Cove View, Groomsport, BT19 6HR

079 9990 1936

[fightedni@gmail.com](mailto:fightedni@gmail.com)

[www.fighted.org](http://www.fighted.org)



*Supporting men and families in NI*

**Chris Nugent, Chairperson**

**The Laurence Trust**

075 1037 1335

[thelaurencetrust@hotmail.co.uk](mailto:thelaurencetrust@hotmail.co.uk)

[www.thelaurencetrust.co.uk](http://www.thelaurencetrust.co.uk)



# links

counselling service

*Supporting individuals and carers in NI*

**Paula Gibson, Master Practitioner in EDs**

**Links Counselling Service**

23a Castle Lane, Lurgan BT67 9BD

028 3834 2825

[FREed - Links Counselling Eating Disorder Service](http://FREed - Links Counselling Eating Disorder Service)

[office@linkscounselling.com](mailto:office@linkscounselling.com)

[www.linkscounselling.com/freed](http://www.linkscounselling.com/freed)