

Purpose of The Laurence Trust

The Laurence Trust was founded in April 2012 by Pamela Nugent and her son Christopher Nugent.

The Laurence Trust is a self-funded voluntary group supporting the objectives to promote awareness of male eating disorders, promote preventative awareness education to members of the public province-wide, in schools, community groups, and collaborate with healthcare providers, and other voluntary support groups to share and learn, and to contribute to ensuring that Males are supported living with eating disorders/eating distress along with the related mental health issues that impact them.

Along with a team of dedicated volunteers, The Laurence Trust is a non-profit charity, fund raising to assist in meeting our objectives, and fulfil our purpose and aims for the benefit of sufferers, their families and carers and the general public throughout Northern Ireland.

www.thelaurencetrust.co.uk

thelaurencetrust@hotmail.co.uk

Confidential Information Helpline - 07510371335 (6pm-9pm Sunday-Friday)



The Laurence Trust



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Instagram – The Laurence Trust



The Facts

the laurence trust
Eating Disorders Awareness Week
23rd February - 1st March 2015

Face facts...

- 1 in 5 Anorexia sufferers will die
- Anorexia kills more people than any other mental health condition
- 3 out of 4 suicides are male
- 1 in 10 eating disorder sufferers are male*

**Break the Silence...
Share the Secret...
Eating Disorders
Affect Men Too.**

* In 10 of those affected by suicidal ideation
suicide attempts, hospitalisation, self-harm,
weight loss, anxiety, depression, obsessive
compulsions, and other mental health issues
are reported in 10% of men.

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- 10% of Eating Disorder sufferers in Northern Ireland are **MALE**
- 77% (245) suicides in Northern Ireland in 2015 were **MALE**
- Anorexia kills **MORE** people than **ANY** other mental health condition
- Eating Disorders among children **under 10** are **MORE** likely to affect **BOYS**
- Latest figures show approximately 1.25 million people in the UK have an eating disorder. The National Institute of Health and Clinical Excellence estimates around 11% of those affected by an eating disorder are male.