

YOU CAN CONTRIBUTE TO THE HEALING OF A CHILD BY DONATING TODAY

Children are our future and we want to empower you to contribute to help transform the life of a child in Northern Ireland because the mental health of every child matters.

There is no 'quick fix' and we believe that every child deserves to have access to appropriate level service regardless of their family circumstances. It takes £50 to provide a session of Play Therapy for a child which contributes towards deep healing for children to stop generational cycles of hurt and trauma.

This is an investment, for every £1 spent returns £9 in social return for future generations.



QUALITY ASSURANCE

All therapists we use have a minimum qualification of Post Graduate Certificate in Therapeutic Play. They are also on the register of Play and Creative Arts overseen by the Professional Standards Authority.



WE ARE A MOVEMENT CREATING FREEDOM FOR CHILDREN AND FUTURE GENERATIONS

We're a certified social enterprise registered as a "Community Interest Company". This means that we are a not for profit organisation and every bit of funding goes towards children and families.



"Children are not a distraction from more important work, they are the most important work."

CS Lewis

GET IN TOUCH

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Bringing
COLOUR
back into the lives
of children across
Northern Ireland

WAYMAKER
CHILD THERAPY



WHO?

We are a new not for profit Community Interest Company with a huge heart to rewrite the mental health of children in Northern Ireland through the healing power of play by providing high quality Play & Creative Arts Therapy. We hold hope for every child that there is always healing given time and the right therapist. We aim to help children hold hard things until they can fully heal from their past.

WHY?

- 1 in 10 children in Northern Ireland have a mental illness
- 75% of children with a mental health problem are not receiving treatment
- Rates of mental health are 25% higher than anywhere else in the UK
- 50% of mental health problems are established by the age of fourteen

WHAT IS PLAY THERAPY?

Play is the primary language of children and toys are their words. Therapeutic Play enables a child to communicate their world and helps them to understand muddled feelings and upsetting events in a safe, non-judgemental environment that they control. It is suitable for children ages from three years old to sixteen.

WHY PLAY THERAPY?

A Play Therapist helps children to address and resolve their own problems. Play & Creative Arts Therapy plays on the natural way that children learn about themselves and their relationships in the world around them. Children learn to communicate with others, express feelings, modify behaviour, develop problem solving skills and learn a variety of ways of relating to others. Play provides a safe psychological distance from a child's problems and allows expression of thoughts and feelings appropriate to their development.



WHO IS PLAY THERAPY SUITABLE FOR?

Play therapy can help children who have experienced:

- Trauma
- Anxiety
- Behavioural difficulties
- Social difficulties
- Hyperactivity
- Bullying
- Autism
- Anger
- Low confidence and self esteem
- Separation/divorce
- Bereavement/loss
- Selective Mutism

“Transforming the lives of children and families through the healing power of play”